

The American Nurses Foundation is devoted to supporting America's 4 million nurses. Nurses are the heart of health care—the often unsung heroes who are on the front lines of caring in every community. To help bring the power of nursing to health care, visit www.givetonursing.org.

Donations to the Foundation have a powerful impact:

HAVE YOU OR A LOVED ONE BEEN CARED FOR BY A NURSE?

Saving, sustaining, and improving life—that's what nurses do every day. Donations to the Foundation help nurses pursue education, influence how care is delivered, become leaders, and be healthier. The American Nurses Foundation makes sure nurses have the resources they need to be the nurses we need.

"Nurses touch you. They guide you and they help you emotionally. The team got me better. The nurse got me through it."

Carolyn Jones
on her chemotherapy treatment



HEALTHY NURSE, HEALTHY NATION™

The health of nurses is at a crisis point. Our work focuses on improving the health of nurses by connecting and engaging them and organizations to take action within five domains: activity, sleep, nutrition, quality of life, and safety.

LEARN MORE AT
www.healthynursehealthynation.org

NURSES ON BOARDS

Nurses can make communities healthier when they are at the table in decision-making roles. We are increasing the number of nurses serving on local, regional, and national boards of directors and helping nurses become leaders who make a difference.

LEARN MORE AT
www.nurseboardleadership.org

THE AMERICAN NURSE AND DEFINING HOPE

What does nursing excellence look like? How do you teach it? The Foundation provides free innovative tools to educators and clinicians. Tools like those based on the award-winning documentaries *The American Nurse: Healing America* and *Defining Hope* can drive learning and patient-focused care.

LEARN MORE AT
www.nursingworld.org/foundation/programs

NURSING RESEARCH GRANTS

The Foundation's Nursing Research Grants Program supports scientific research for advancing the practice of nursing, promoting health, and preventing disease. Over 1,100 nursing research projects have been funded with more than \$5 million in donations since 1955.

LEARN MORE AT
www.nursingworld.org/foundation/programs



"It encourages me in my wellness journey because of the connection with other nurses. It's an opportunity to learn from each other and support one another."

Tiffany
RN, Delaware



"An organization's board of directors is critical to its success. Nurses can add value to every conversation and decision in the boardroom."

Marian Shaughnessy
DNP, MSN, RN



"These films should be seen by every student and practitioner in health care. They capture how patients want to be treated and why patients say—year after year—that nurses are the most trusted professionals."

Joyce J. Fitzpatrick
PhD, MBA, RN, FAAN



"I am so grateful to have been part of research that could help kids like Quinnie. Knowing that nurses like Amanda are committed to changing how children with autism communicate pain means more than I can say."

Summer Hancock
Mother of Quinn Hancock, who participated in nurse Amanda Brown's research study regarding pain assessment in children with autism