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Amazing people

awareness research education Leadership Impact research education

Dear Friends...

From the President, Chief Executive Officer and Business & Operations Manager

Amazing people. Extraordinary Lives.

Suddenly, we find ourselves surrounded by them. They are the staff nurses who tend to their patients with care and skill during the healing process. They are the intensive care nurses who tend to those in the most critical health situations. They are the oncology nurse and hospice nurse who personify hope in the most difficult times. They are the nurse practitioners who practice with compassion in helping people manage their illness. They are the nurse researchers who change healthcare practices and environments. They are the family and friends of these nurses who share their lives. They are every one of us whose lives have been touched by a nurse, and they are the donors who are committed to advancing the nursing profession and promoting the health of the public. These amazing people and extraordinary lives are the essence of the American Nurses Foundation.

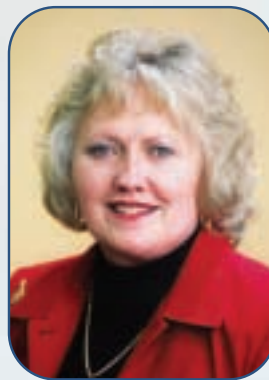
Beginning in 1955, with our flagship program, the Nursing Research Grants Program, ANF has touched the lives of over 950 nurse researchers who in turn have positively affected the lives of people through the application of their research findings. When disaster struck, ANF was there with its Katrina Nurses Fund that gave nurses the opportunity to help their own by raising funds to assist nurses affected by Hurricane Katrina in Louisiana, Alabama and Mississippi.

Also ANF manages extramural grants, that enhance nurses' skills with hands on training and education. The nurses who participated in Food-Safe Schools, Nurses2Nurses4Teens, Tobacco Free Nurses and Nurse Competence in Aging then touched the lives of families in their communities. And, finally donors to ANF whose generosity affects the lives of these nurses, thus the lives touched by these nurses and beyond.

Glance around; chances are you are surrounded by these extraordinary lives during your extraordinary life. Through our 2006 Annual Report we thank each nurse, each supporter, and each donor who makes up the whole of ANF. We ask you to continue, grow, or even begin your support to ANF and the extraordinary lives around us.



Margarete L. Zalon,
PhD, RN, APRN, BC
President



Linda J. Stierle,
MSN, RN, CNA, BC
Chief Executive Officer



Holly Blackledge
*Business & Operations
Manager*



Amazing people. Extraordinary Lives.

nursing awareness research impact leadership awareness research

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ANF salutes and thanks our generous supporters!

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* The American Nurses Association (ANA) provides overhead and support services to the Foundation at no cost. The value of these overhead and support services in 2006 were \$482,570.

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Special appreciation to the American Nurses Association Board of Directors for supporting ANF with a holiday donation in recognition of the leadership of ANA President Rebecca M. Patton, MSN, RN, CNOR; ANA Chief Executive Officer Linda J. Stierle, MSN, RN, CNAAB, BC; and Chief Operations Officer William J. Powers, FACHE.

Thank you to Linda J. Stierle, MSN, RN, CNAAB, BC, Chief Executive Officer of ANA and ANF for her generous holiday gift to ANF in honor of the ANA Board of Directors and the ANF Board of Trustees.

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The ANF staff has endeavored to make accurate the list contained in this report. We ask that you notify ANF at (301) 628-5227 or send an e-mail to ANF@ana.org should you observe any oversights or errors. Thank you.



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*The Perfect Gift
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Join the American Nurses Foundation by giving the gift of recognition! ANF invites you to Honor a Nurse with a special \$100 tax-deductible donation to ANF. Your honored nurse, along with your name, will appear in The American Nurse (TAN) for all to see!

Your donation will support ANF's 50 plus years of work to promote the welfare and well being of nurses, advance the nursing profession, thereby enhancing the health of the public. The \$100 donation per honoree may be made by individuals or be shared by a group. For your convenience, ANF accepts credit cards and checks.

For donation details, or to make a donation online, visit
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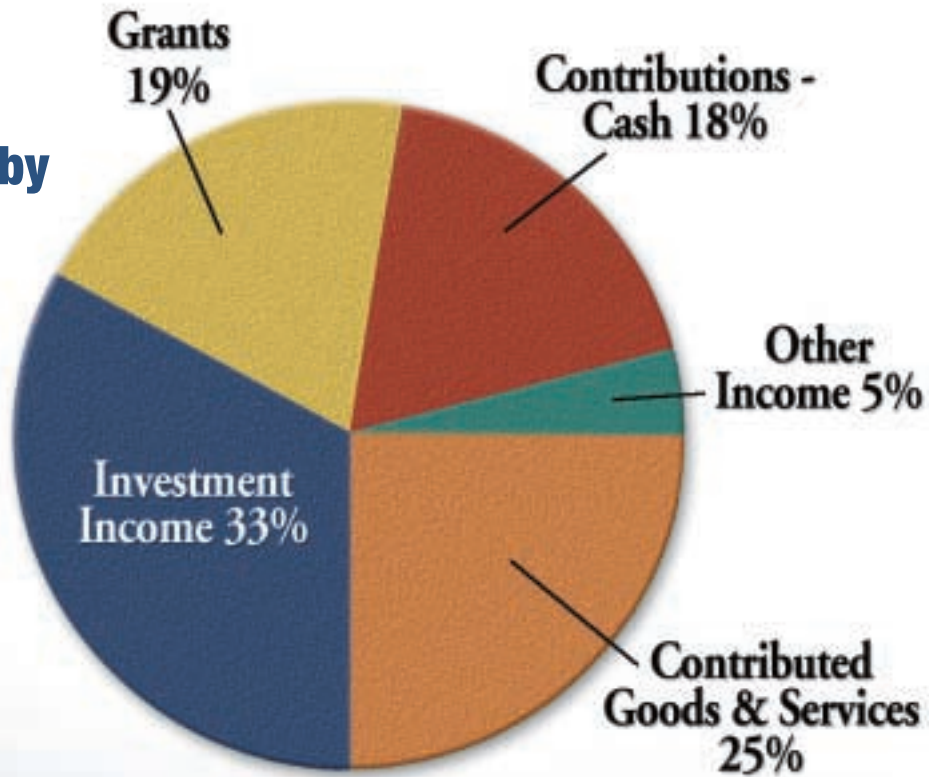
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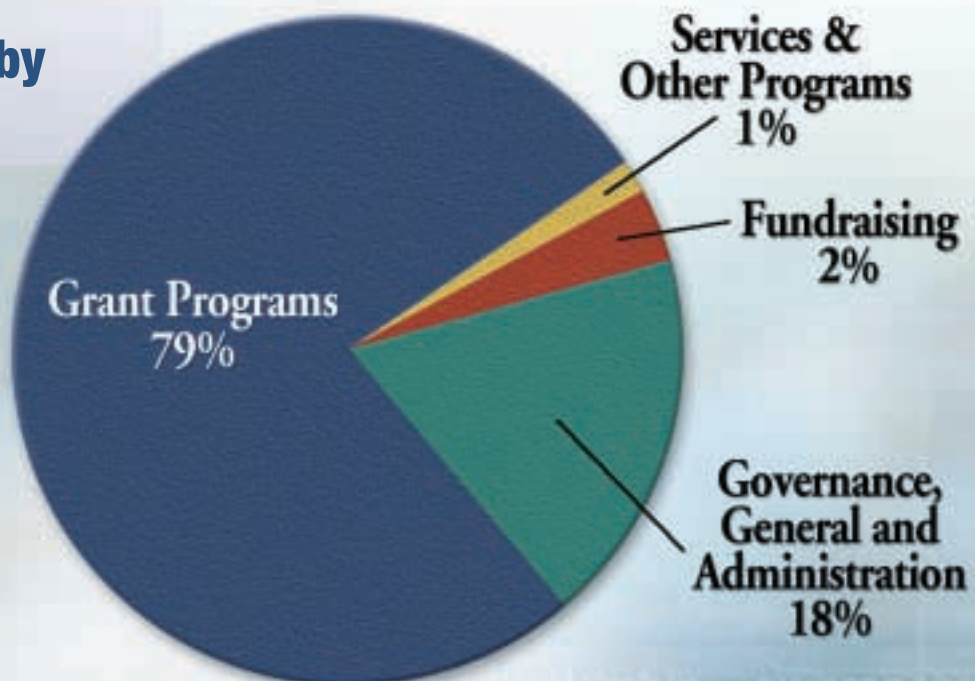
Financials

...as of December 31, 2006

Revenue by Category



Expense by Category



Celebrating ANF Scholars

2006 ANF Nursing Research Grants Scholars

ANF celebrates the recipients of the 2006 Nursing Research Grants (NRG). The work of these respected scholars is at the heart of the mission of ANF in their pursuit of research and education that promotes the public health. ANF is grateful for the generosity of supporters who have made it possible to award more than \$3.5 million to over 950 beginning and experienced nurse researchers for 50 plus years.

Amany A. Abdrbo, MSN, RN

Factors Affecting Information Systems Use and Its Benefits and Satisfaction among Ohio Registered Nurses

Case Western Reserve University
Cleveland, Ohio

Center for American Nurses Scholar
Sigma Theta Tau /ANF Scholar

Jo Azzarello, PhD, RN

Problem Solving Skills and Strategies for Glycemic Control

University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma
Southern Nursing Research Society (SNRS)/ANF Scholar

Cathy L. Campbell, PhD, APRN,BC

Factors Influencing End of Life Decision-Making by Elderly African-Americans

University of Virginia
Charlottesville, Virginia

Gloria Smith, RN & Eleanor Lambertsen,
RN Scholar/ANF Scholar

Maureen Campesino, PhD, RN, PsyNP

Exploring Perceived Racial/Ethnic Discrimination in Cancer Care Delivery among Elderly Mexican Americans

Arizona State University, Tempe, Arizona
American Nurses Association (ANA)
Presidential/ ANF Scholar

YunKyung Chang, MPH, RN

Testing a Theoretical Model for Severe Medications Errors

University of North Carolina at Chapel Hill, Chapel Hill, North Carolina
Southern Nursing Research Society (SNRS)/ANF Scholar

Bashira A. Charles, MSN, RN

Genes Implicated In Time to Onset and Severity of Diabetic Retinopathy

University of Pittsburgh, Pittsburgh, Pennsylvania
Eastern Nursing Research Society (ENRS) /ANF Scholar

Lynn M. Dietrick, PhD, RN

The 'Dance' continues... Evaluating Differences in Call Bell Use between Patients in Private Rooms versus Patients in Double Rooms

LeHigh Valley Hospital and Health Network, Allentown, Pennsylvania
Sayre Memorial Fund Scholar/
ANF Scholar

Tracy A. Evanson, PhD, APRN,BC

Domestic Violence Victims' Perspectives of Community Health Nurses Care

University of North Dakota
Grand Forks, North Dakota
Virginia Kelley, CRNA Scholar/ANF Scholar

Anastasia Fisher, DNSc, RN

Impact of co-payment policies on Women's Access to health care in Jails/Prisons

University of San Diego
San Diego, California
Gloria Smith, RN Scholar/ANF Scholar

Lorraine Q. Frazier, DSN, RN, NP

Promoting the Cardiovascular and Mental Health of Economically Disadvantaged Women Hospitalized for Acute Coronary Symptoms

University of Texas Health Science Center at Houston, Houston, Texas
Virginia Stone, RN Scholar/ANF Scholar

Carmen Giurgescu, PhD, RN, WHNP

Comparison of Prenatal Coping Strategies, Cortisol, and Cytokines between Low-risk and High-risk Pregnant African-American Women

University of Illinois at Chicago
Chicago, Illinois
Rita K. Chow & Yaye Togaski-
Breitenbach Schlor/ANF Scholar

Peggy Kerr, PhD, RN

Risk Factors Associated With Patient Outcomes of Older Adults

University of Iowa, Iowa City, Iowa
Midwest Nursing Research Society (MNRS)/ANF Scholar

Rebecca Lehto, PhD, RN, OCN

Worry and Cognitive Maps in Lung Cancer

University of Michigan
Ann Arbor, Michigan
Hildegard E. Peplau Scholar/ANF Scholar

Kathleen A. Mussatto, BSN, RN

Family Stress, Coping and Outcomes Following the Diagnosis of Hypoplastic Left Heart Syndrome (HLHS) in a Newborn

Children's Hospital of Wisconsin
Milwaukee, Wisconsin
Dorothy Cornelius, RN Scholar/ANF Scholar

Eun Jun Park, MSN, RN

Developing an Evidence-Based Simulation for Training Case Managers

University of Iowa, Iowa City, Iowa
Dorothy Reilly, RN Scholar/ANF Scholar

Mijung Park, PhD, MSN, RN

Korean American Family Caregiving for Persons with a Mental Illness

University of California
San Francisco, California
Commission on Graduates of Foreign Nursing Schools (COGFNS)
Scholar/ANF Scholar



Front row (L to R): Patricia R. Messmer, PhD, RN,BC, FAAN; Chair Barbara Habermann, PhD, RN, Beverly Horn, PhD, RN, CTN; Elizabeth Reifsnider, PhD, APRN,BC; Barbara A. Smith, PhD, RN, FAAN, FACS; Jana Pressler, PhD, RN; Patricia Liehr, PhD, RN; Holli DeVon, PhD, RN; Executive Director Leo Schargorodski.

Back row (L to R): Kathleen M. Russell, DNS, RN; Anne Turner-Henson, DSN, RN; Mara M. Baun, DNSc, FAAN; Julie Reed Erickson, PhD, RN, FAAN; Lami Zimmerman, PhD, RN.

Susan A. Barnason, PhD, RN

Piloting of a Medication Education & Decision-making (MED) Intervention for Elderly Heart Failure Home Health Care Patients

University of Nebraska Medical Center
Omaha, Nebraska
Virginia Stone Scholar/ANF Scholar

Joy K. Buck, PhD, RN

Setting the Standard for Specialization in Hospice and Palliative Nursing, 1985 - 2006

University of Pennsylvania
Philadelphia, Pennsylvania
Anne Zimmerman Scholar/ANF Scholar

Leli W. Pedro, DNSc, RN, OCN
Health Related Quality of Life for Rural Cancer Survivors: The Colorado Experience
University of Colorado at Denver and Health Sciences Center, Denver, Colorado
Western Institute for Nursing (WIN)/ANF Scholar

Judith L. Reishtein, PhD, RN
Sleep, Breathing, and Neurobehavior in COPD
Drexel University, Philadelphia, Pennsylvania
Lucile V. Lukens Scholar/ANF Scholar

Cecelia I. Roscigno, MN, RN, CNRN
Children's Experiences Following Traumatic Brain Injury
University of Washington
Seattle, Washington
Martha E. Brill Scholar/ANF Scholar

Marycarol Rossignol, DNSc, RN
Pilot Study of Nociceptive Dysregulation in Veterans with Post Traumatic Stress Disorder
Seton Hall University
South Orange, New Jersey
Council for the Advancement of Nursing Science (CANS)/ANF Scholar

Virginia Sun, MSN, RN
Symptom Characteristics and QOL in EGFR Inhibitor-Induced Dermatologic Toxicities
Beckman Research Institute of the City of Hope, Duarte, California
Jean E. Johnson, RN
Scholar/ANF Scholar

Susan Tullai-McGuinness, PhD, RN
Characteristics of Work Environments in Quality Medicare-Certified Home Health Care Agencies
Case Western Reserve University, Cleveland, Ohio
Julia Hardy Scholar/ANF Scholar

Marla Weston, MS, RN
Antecedents of Control over Nursing Practice
University of Arizona
Tucson, Arizona
Virginia S. Cleland, RN
Scholar/ANF Scholar



Debra L. Wiegand, PhD, RN
Withdrawal of Life Sustaining Therapy after Life-Threatening Exacerbation of a Chronic Illness: The Family Experience
University of Maryland, Baltimore, Maryland
Nurses Charitable Trust, District V,
FNA Scholar/ANF Scholar

Completed 2006 Grants

Congratulating ANF Nursing Research Scholars

Upon completion of research, ANF Scholars are required to submit an abstract along with a final narrative report outlining the results of the research. We are proud to list below the recipient and title of the research grants completed in 2006. For an abstract and a copy of the narrative, contact ANF.

Lynn Babington, PhD, RN
Eastern Nursing Research Society Scholar/
ANF Scholar
Understanding Dominican Mothers' Beliefs, Knowledge and Practices Related to Feeding Infants and Children
Northeastern University
Boston, Massachusetts

Angela Chia-Chen Chen, PhD, RN
Nurses Charitable Trust, District V, FNA Scholar/
ANF Scholar
Understanding Chinese Immigrant Youth: Acculturation, Parenting Practices and Depressive Symptoms
Arizona State University
Tempe, Arizona

Teresa Rojas-Cooley, BSN, RN
Dorothy Reilly Scholar/ANF Scholar
Complementary and Alternative Medicine: American Nurses' Knowledge
Beckman Research Institute of the City of Hope
Duarte, California

Younhee Jeong, MSN, RN
Midwest Nursing Research Society Scholar/ANF Scholar
The Role of Orexin in Posterior Hypothalamus-Induced Analgesia on Neuropathic Pain
University of Illinois at Chicago

Louise C. Miller, PhD, RN
Sayre Memorial Fund Scholar/ANF Scholar
Nurses' Information Literacy: Implementing the Electronic Health Record (EHR) into Nursing Education
University of Missouri
Columbus, Missouri

NRG Scholar Highlights

ANF Nursing Research Scholars

The American Nurses Foundation was founded as the educational, scientific and charitable arm of the ANA. Over the years, ANF has played a vital role in providing support for some of the major scientific studies of the profession. Back in 1955 when ANF was founded, our nursing leaders had the foresight to recognize how important it would be to support nursing research. Since then more than 950 researchers have made extraordinary contributions to our science, providing a foundation for our future practice.

Here's an inside look at the paths taken by three outstanding nurses who began their research careers with funding by ANF and how their studies have shaped and continue to influence nursing practice.

Jean McSweeney, PhD, RN, FAHA, FAAN:

Leading the way in research on women and heart disease

Jean McSweeney, PhD, RN, FAHA, FAAN, has always been interested in the human heart.

She worked for many years as a critical care nurse, where she routinely provided care to cardiac patients in the ICU. So when she was exploring a dissertation topic, it was only natural for her to look to heart attack victims.

"I soon realized that we didn't know enough about women and cardiovascular disease," says McSweeney, an Arkansas Nurses Association member.

"Many women were excluded from cardiovascular studies because their fluctuating hormone levels created a cumbersome variable."

Then for her first post-dissertation research in 1993, she decided to focus on women - specifically what they believed caused their heart attacks and the potentially risky behaviors they were willing to change.

Through that study, she learned that some women attributed their myocardial infarctions (MIs) to smoking, being overweight, or a lifestyle that was either too stressful or too sedentary. One of her key findings was that women were willing to change whatever they viewed as the primary cause of their heart attack, such as quit smoking. However, women also

reported experiencing different symptoms surrounding their MIs. At the time, researchers and clinicians assumed that the symptoms that men exhibited prior to a MI would be the same for women.

McSweeney was able to pursue that initial research with an ANF grant, which she applied for at the urging of her mentor. Now, she encourages others to look toward ANF to kick start their nursing research careers.

"Getting that grant led to the whole trajectory of my career," says McSweeney, a professor at the University of Arkansas for Medical Sciences in Little Rock, Ark.

McSweeney now is a leader in clinical research on women and coronary heart disease (CHD) and MI symptoms. Because of her work, women no longer are looked at as carbon copies of men when addressing cardiac risks and heart attack symptoms, such as crushing chest pain. Her body of work includes developing and testing an assessment tool to identify women at risk for CHD, examining black, Hispanic, and white women's symptoms of CHD, and pinpointing women's early warning symptoms of acute MIs.

Over the years her work has gained both national and international attention. She's been asked to speak at major conferences of nursing and physician groups, and her research has led to changes in practice. For exam-

ple, board-certified emergency physicians are now expected to know the gender differences in MI symptoms when evaluating women.

And her work has been featured in mainstream media, including the "CBS Evening News" and Good Housekeeping. CNN interviewed McSweeney about her groundbreaking 2003 study that identified unusual fatigue and sleeplessness as early warning indicators of heart attack in women.

Currently, McSweeney is involved in a five-year study funded by the National Institute of Nursing Research to predict CHD events in black and white women and hopes to develop a rapid screening tool.

"If we pick up early CHD symptoms and a positive CHD risk score, women could be immediately referred, evaluated and treated, possibly preventing progression to MI," she says.

McSweeney says she owes a "debt of gratitude" to ANF for believing in her and funding her research. "I like the idea of nurses helping nurses. If everybody gave \$10 to support nursing research, they could help nurses in so many ways - from research to clinical application."

Barbara Medoff-Cooper, PhD, RN, CRNP, FAAN:

Bolstering the science of infant development

In 1983, Barbara Medoff-Cooper, PhD, RN, CRNP, FAAN, used her ANF grant to study what was close to her heart - infant development. At the time, she was a pediatric nurse practitioner and a doctoral student at Temple University.



Jean McSweeney,
PhD, RN, FAHA, FAAN



Barbara Medoff-Cooper,
PhD, CRNP, RN, FAAN

“I was seeing a number of preemies in the office,” says Medoff-Cooper, a Pennsylvania State Nurses Association member. “Their parents were having problems taking care of them, because the babies were so crabby, so difficult.”

So for her dissertation, she and a colleague went to the parents’ homes and collected a range of data about the babies, including how immature the infants were at birth, how long they were at the hospital, and what happened to them during their stay, such as any ventilator-related complications.

The goal of her research project was to see how those factors typically influenced the babies’ temperament and development at 6 months of age.

The ANF grant led to numerous research projects through other funding sources, such as the Robert Wood Johnson Clinical Scholar grant program and NINR.

“I think the ANF grant gives new researchers the track record they need to get established,” Medoff-Cooper says. “It give your research a ‘stamp of approval’ to gain other funding sources that will support your work.”

“Many people don’t realize nurses can be scientists or the breadth of our work. They don’t think of nursing that way.”

But for 25 years, Medoff-Cooper has continued to build on the science of infant development, feeding behaviors in high-risk infants and infant temperament. In terms of the latter, she developed a questionnaire that’s used around the world to assess a baby’s temperament.

“I always was interested in the neurological development of high-risk infants,” says Medoff-Cooper, a professor at the University of Pennsylvania School of Nursing and director of the Center for Biobehavioral Research. “And I really want to help parents understand their

kids.”

Currently, Medoff-Cooper is following babies born with congenital heart disease and their families to determine what issues influence the children’s growth and development.

“We know that about 50 percent are at risk for failure to thrive, in part because of their poor feeding skills and energy expenditure,” she says. “Through this study, I not only want to look at the physiological issues, but also the stress placed on the family.”

“It’s not just about eating and growing. I want to learn how families are functioning with a child born with a serious health problem, and then develop recommendations that can help both the babies and the parents.”

Linda Finch, PhD, RN: *Uncovering the science behind the value of caring*

When Linda Finch, PhD, RN, made her first attempt to garner an ANF grant, she was not successful. But because reviewers’ took the time to offer their advice, she was able to resubmit a stronger research proposal, which led to her becoming a 2004 ANF scholar.

“My whole area of focus has been looking at the nurse-patient relationship and particularly the caring piece of it,” says Finch, a Tennessee Nurses Association member.

To approach caring scientifically, she used grounded theory to gain hard data from nurses and patients.

“I wanted to understand how caring is perceived by nurses and patients, what they viewed as caring

behaviors, and what it is that moves patients positively toward better outcomes,” Finch says. “What I learned from patients’ perspective is they really want a nurse who cares for them as a family member would.”

Patients identified those caring behaviors in a nurse as being responsive to all their needs, including physical, emotional and spiritual; willing to do extra things; and following through on promises.

The data reinforced the continued need to teach students about looking at patients multi-dimensionally, according to Finch, an assistant professor at the University of Memphis in Tennessee.

From the nurses’ perspective, Finch found that their definition of caring behaviors included being attentive to patients, developing a rapport with patients and demonstrating their competency. Finch notes that today’s workplace environment, however, challenges nurses’ ability to do extra things for patients and follow up on care.

Looking back at being awarded the ANF grant, she says it allowed her to complete her work more quickly and paid for the costly transcription costs associated with qualitative studies. She also was able to present her findings at a major international nursing conference, which piqued the interest of the nursing community.

Having explored the importance of caring to older adults, Finch now is collecting data from chronically ill pediatric patients and their nurses on the role of caring on patient outcomes. Her overall goal is to develop a formal theory of nurse caring that will inform practice, encourage educational applications, and guide further research.



Linda Finch,
PhD, RN

Grants Development & Management

Historically ANF has been in the forefront of promoting the mission of the ANA in advancing the nursing profession through the development and management of grant-funded programs. The following are some of the grant-funded programs managed by ANF in 2006.

Leadership Enhancement and Development (LEAD) Project for Minority Nurses

Funded by W.K. Kellogg Foundation, Project LEAD and Project LEAD II were successfully completed in 2006. Project LEAD was designed to both meet the standards for a high quality leadership development program and the unique needs of deans and directors who were committed to increasing the production of Black and minority nurse leaders particularly through programs in under resourced schools like Historically Black Colleges and Universities (HBCUs). The most significant outcomes of Project LEAD are better understanding of the impacts on the person and the symptom syndrome that results from working in under resourced environments over periods of time.

In 2006, Project LEAD expanded to Project LEAD II with 12 remaining historically Black nursing schools from Project LEAD as participants. The five basic concepts to achieve the goals of Project LEAD are: vision, knowledge of

self, integrity, commitment to excellence, and communication. Five workshops were held in 2006. The January workshop theme was “Freedom and Leadership”, followed by the March workshop, “Freedom and Love.” The June workshop was devoted to Project LEAD II Fellows presenting their end-of-the-year projects. In August, the workshop theme was “Assessing One’s Growth”. The last workshop was held in October under the theme, “The Past and the Future.”

Finally, the book *Soul of Leadership*, from an idea from the Kellogg Foundation for Project LEAD. In 2006, it was received with overwhelming success. Ten outstanding women shared their stories with Project LEAD Fellows. Their stories told of challenges faced as African-American women, as nurses and as leaders. They identified barriers to progress in their profession and their strategies for overcoming them.



ANF is pleased to announce the successful completion of the Nurses2Nurses4Teens grant in 2006. Funded by a four year cooperative agreement from the Office of Adolescent Health (OAH) in the Maternal Child Health Bureau (MCHB) at the Health Resources and Service Administration (HRSA), N2N4T developed several programs for nurses working with teens, including online continuing education programs.

Food-Safe Schools

The ANF/CDC Center for Disease Prevention and Control (CDC) Food-Safe Schools project focused on increasing the number of trainers and expanding training to school nurses in more states in its second year of the project, thus exceeding the goals of the original project.

Key activities during Year 2 included:

- Train-the-Trainer workshop conducted in Scottsdale, AZ in December 2005. Sixteen school nurses (selected from 25 applicants) from 12 states were funded for the training.
- Provided technical assistance and resources to the nine school nurse trainers (April 2005 workshop) and the 16 new trainers who were replicating the educational program: *School Nurses responding to the Challenges of Foodborne Illnesses* in 2005-06.
- These trainees conducted seventeen workshops with 530 school nurses and 50 other school personnel attending. Five trainers have scheduled workshops for 2007.
- Evaluations of the train-the-trainer workshops indicate the trainees are motivated and empowered to replicate the workshops locally.
- Evaluations of the replication workshops by the trainees have been very positive.
- The primary FSS resource for school nurses, *Food-Safe Schools - Handbook for School Nurses*, has been provided for all training workshops.



- The Food-Safe Schools Project developed and maintained an informational website at www.ANFonline.org.
- ANF/FSS project director actively participated with other members of the National Coalition for Food-Safe Schools to market the Food-Safe Schools Action Guide.
- The Food-Safe Schools School Nurse Brochure was updated and The ANF/FSS project has shown growth in successfully preparing school nurse leaders to disseminate information on the role of the school nurse and the importance of collaboration with other key disciplines for a food-safe school.

The American Nurses Foundation successfully completed the two-year CDC grant project *Enhancing the Capacity of School Nurses in Prevention of Foodborne Illnesses in Schools* and exceeded the goals set for the project. It is believed that through this work school nurses have been motivated to continue to be involved in the Food-Safe Schools project.

The National Nursing Coalition for School Health

The National Nursing Coalition for School Health is based at ANF and exists to enhance the role and function of the school nurse. This is made possible through the active collaboration of eight national organizations having school nurse membership. The Coalition also serves as the advisory board for the Food-Safe Schools Project.

The National Nursing Coalition for School Health member organizations include:

- American Nurses Association
- American Public Health Association:

Public Health Nursing Section

- American School Health Association
- National Assembly on School Based Health Care
- National Association of Hispanic Nurses: School Nurse Section
- National Association of Pediatric Nurse Practitioners
- National Association of School Nurses
- National Association of State School Nurse Consultants
- National Center for School Health Nursing, ANF

Nurse Competence in Aging

The Nurse Competence in Aging (NCA) initiative, funded by The Atlantic Philanthropies (USA) Inc., continues to improve the quality of health care by enhancing the competence of specialty nurses in caring for older adults.

The final cohort of national specialty nursing organizations were awarded ANA-SNAPG (American Nurses Association-Specialty Nursing Association Partners in Geriatrics) grants, bringing the total amount awarded to \$672,570 to 55 organizations with the potential to impact over 430,000 nurses.

The September 2006 issue of the *American Journal of Nursing* featured NCA in its Professional Development section.

In October 2006, NCA conducted a two-day meeting of 36 ANA-SNAPG organizations. Meeting discussions provided the basis for a proposal for the second phase of funding to further institutionalize the commitment of nurses to care of older adults via the implementation of an ANA Nursing Center on Aging. In addition to moving forward the work of the ANA-SNAPGs, The Center would also provide a policy institute designed to educate representatives from specialty associations regarding advocacy for the elderly on both the state and federal levels while providing the opportunity to collaborate on issues significant to the healthcare needs of the elderly.

ANA and the Hartford Institute continue to offer free Consultation Services by working with ANA-SNAPGs to facilitate incorporation of care of older adults into new or revised specialty nursing Scope and

Standards of Practice documents. NCA made significant strides in 2006 by working, in various stages of the process, with an additional 10 organizations.

NCA continues to promote certification in gerontology through a variety of activities. A major promotional effort was the Ready...Set...Cert Campaign, a two-part professional and public awareness program. Pocket guides were mailed to the 8,858 ANCC-certified gerontology nurses who were then asked to identify a nursing colleague likely to sit for certification if provided with encouragement and information. For their efforts and to raise public awareness of Gerontological certification, the currently certified nurses received a lapel pin that designates them as a nurse certified in Gerontology. The pocket guides were also distributed to the ANCC Content Expert Panel members, the National Gerontological Nursing Association and at the ANCC Magnet Conference.

In January 2006, **GeroNurseOnline.org** launched its Continuing Education feature and the Hartford Institute has moved forward with implementing Evidence-Based research to the online content.

For the second year, the NCA Website, **www.GeroNurseOnline.org**, was selected as a winner in the Spring/Summer 2006 World Wide Web Health Awards. This program recognizes the best health information Web sites for consumers and professionals. GeroNurseOnline.org received a Silver Award for Health Promotion/Disease & Injury Prevention Information.

Tobacco Free Nurses

The American Nurses Foundation was a partner with the Tobacco Free Nurses Initiative, the first national effort to help nurses, nursing students, and their patients quit smoking, funded by the Robert Wood Johnson Foundation from August 2003 through July 2006. ANF sponsored a reception at a National Conference on Nursing and Tobacco Cessation. The conference reports became a supplement to Nursing Research which was distributed at the ANF exhibit at the 2006 World Conference on Tobacco or Health.

Andrea Brassard, DNSc, RN, APN, presented two focus sessions on "Tobacco Free Nursing Students" at the 2006 National Student Nurses' Association (NSNA). ANF also

exhibited at NSNA, distributing Tobacco Free Nurses brochures and Helping Smokers Quit: A Guide for Nurses pocket guides to more than 3500 attendees.

ANF reprinted this Agency for Health Care Research and Quality (AHRQ) publication for distribution to nurses and nursing students throughout the nation. The remaining Helping Smokers Quit pocket guides will be distributed in the "Welcome to ANA" new member packet. Additional copies of the pocket guide are available from AHRQ by calling 1-800-358-9295.



Fundraising



InSTEP with NURSES



Walking - one of the most popular and widely recommended forms of exercise by the experts. Nurses - the most trusted, compassion, skilled and qualified professionals that each of us will rely on one day. Today, there are 2.9 million Registered Nurses working in hospitals, home health agencies, nursing homes, managed care centers, and in community health. Staff nurses, working in hospitals, in clinics, in schools, in homes represent the majority of all nurses. On average, almost one-third of a staff nurse's shift is spent on his or her feet. And, one day, if not already, each of us will be in the care of a nurse who will be walking for us. This is where we stepped in! To celebrate National Nurses Week 2006, ANF joined with American Nurses Association (ANA) and American Nurses Credentialing Center (ANCC) to collectively raised \$2700 for ANF's programs that impact lives daily. Sporting bright yellow t-shirts the group walked over a four week period. Each person set their own walking program and fundraising goal. *InSTEP with Nurses* is designed for anyone to combine exercise and good health with raising funds that support ANF's mission of promoting public health and advancing the nursing profession.

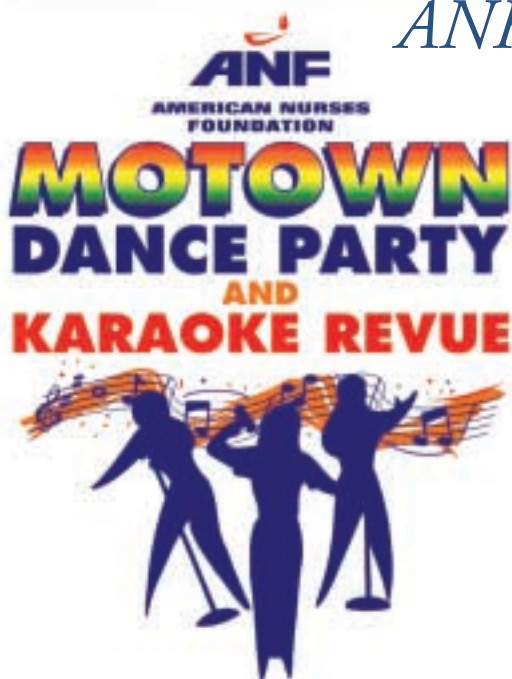


Visit ANFonline.org to make a quick and easy donation – make an impact on lives today!

Gifts of stock are a wonderful way to support ANF - just call us at 301-628-5227 to let us know about your donation!

Fundraising

ANF at 2006 ANA House of Delegates



The American Nurses Foundation (ANF) celebrated at the 2006 American Nurses Association (ANA) House of Delegates in Washington, DC in June. After the star-studded ANF Motown Dance Party & Karaoke Review, Silent Auction and Booth — ANF was delighted to have raised almost \$25,000 for the work of the Foundation!

ANA President Barbara Blakeney, MS, RN gives the ANF Motown Dance Party & Karaoke Review a big thumbs up!



The singers sang and the dancers danced until closing at the ANF Motown Dance Party & Karaoke Review that raised \$7300 for ANF programs! Motown hits were performed by stars from Washington, Missouri, Wyoming, DC, Louisiana, Ohio, and Michigan!



ANF Trustee Patricia R. Messmer, PhD, RN, BC, FAAN (right) personally delivers NRG check for \$10,000 from Nurses Charitable Trust, District V, FNA to ANF Vice President Rose E. Constantino, PhD, JD, RN, FAAN, FACFE (left)



*All donations
to ANF are
tax-deductible!*

*The 4th ANF Silent
Auction was loud
breaking all records
with \$13,000 raised
over a 2-day period.*



ANF Vice-President, Rose E. Constantino, PhD, JD, RN, FAAN, FACHE, made a stirring speech to the 2006 House of Delegates that captured the essence of ANF donations at work for nurses through ANF programs including Nursing Research Grants, Katrina Nurses Fund, Tobacco Free Nurses, Nurse Competence in Aging, Food-Safe Schools and Nurses2Nurses4Teens.



HOD participants made a point to visit the ANF Booth to make tax-deductible donations that resulted in \$4300 in support of the vital work of ANF!!!



The ANF Booth was the place to gather materials about ANF programs that impact lives daily!



Katrina Nurses Fund

“for nurses to take care of their own”

In the wake of the catastrophic events surrounding Hurricane Katrina - the evacuations, the disruption of work, lives and families, and the tremendous human suffering, the American Nurses Foundation created the Katrina Nurses Fund in response to many requests for a way “for nurses to take care of their own”. One hundred percent (100%) of all funds donated to the American Nurses Foundation for this fund were contributed to assist nurses in the states of Louisiana, Mississippi and Alabama. Additionally funds were provided to assist nurses opening their homes for families or evacuee nurses.

ANF is pleased to have distributed \$248,558 to the states of Louisiana, Mississippi and Alabama to assist nurses who have had their lives disrupted by Hurricane Katrina.

The community spirit that prevails when devastation caused by weather events, such as Hurricane Katrina in Louisiana, Mississippi and Alabama is an inspiration. And, we always see nurses in service aiding those in need. Nurses are individuals who have great pride in and commitment to their profession. Nurses are on the frontlines, in the face of despair, restoring well-being and the human spirit.

Do you know someone who works in the Federal government? If so, they can support ANF through the annual Combined Federal Campaign (CFC) by designating ANF #10550.

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Sample Bequest Language:

I give to the American Nurses Foundation, a 501 (c)(3), tax-exempt not-for-profit organization, the sum of \$_____ (or _____% of my residuary estate) to be used for such purposes as its Board of Trustees shall direct.

Please contact your attorney for bequest requirements in your state.



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Mission Statement

nursing awareness research impact leadership awareness research



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